

PAC NEWSLETTER



MORE HOT LUNCHES!



Aubrey PAC is delighted to bring more **Hot Lunches** this season! Totally optional, all ordering is done on the MunchaLunch website - log in today to order or sign-in to create a brand new account if you are new to Aubrey. Click on the link here: [LINK!](#) We are featuring:

Weds, 15 Feb - Hong Sushi and **Weds, 01 March - White Spot**

COFFEE AND CONVERSATION

Coffee and Conversation is a wonderful opportunity for Aubrey caregivers to gather together to learn about an engaging topic. We're delighted to bring back this initiative in person!



Tuesday, 21 February, 9:00-9:30 am - with special guest speaker, Aubrey's new counsellor, **Gabbie McEwen** - Learn more about supporting our students with conflict resolution ("WITS" program).

Doors will open at 8:45 am - please enter Library from exterior door. All Aubrey parents and caregivers are welcome to this wonderful way to connect and learn!

PINK SHIRT DAY, 22 FEB

Pink Shirt Day is an initiative started in 2007 by two teens in Nova Scotia in order to show support for a boy who was being teased and harassed about his clothing choice, and to show that bullying would not be tolerated in their school. [LINK](#) to their wonderful and inspiring story.

On **Wednesday, 22 February**, students are welcomed to wear their pink shirts to show our commitment to kindness and inclusion, and parents are invited to join students for an **assembly** to mark the occasion! **Primary assembly 9:10 am** and **Intermediate assembly at 11:00 am** - attending caregivers must enter via exterior doors.



THE GRADE SEVENS ARE GRATEFUL!

Wow, Aubrey Community - you really came through for this year's grads in supporting their **Bottle Drive** last month! You donated 4094 containers, three full bins worth, and helped the **Grade Sevens** raise over \$400 toward their June leaving celebrations.



Next up, the Grade Sevens will fundraise with **two Popcorn Days** at Aubrey, on **Fridays, 17 February and 10 March!** Come to Aubrey's Front entrance Under-cover or Kindergarten Under-cover at 8:30-9:00 am in the morning to pre-order 1 or 2 bags of popcorn, and the bags will be delivered to the classrooms at lunch time. *Bags are \$1 each - enjoy this delicious fundraiser!*

BABYSITTING AND STAY SAFE COURSES

First Aid Hero is offering **Babysitting, Stay Safe, and My Safe Life** courses online. These are age-appropriate courses which teach valuable skills to our kids, among topics like first aid, self-defence, online safety, caring for others, and caring for one's self. Please see full-page information flyer on page three of this newsletter, and please note that if you use **promo code AUBREY** at check-out, a small donation will be made to our school from First Aid Hero.





BABYSITTING, STAY SAFE & MY SAFE LIFE COURSES

Enter code **Aubrey** for your school to earn

\$5

BABYSITTING COURSE

ages 11 - 15

Students learn how to care for younger children and how to prevent and respond to emergencies.

Covered in this course:

- exploring the business of babysitting
- creating safe environments
- safely caring for ages 0-12
- first aid skills

Each student receives a babysitters manual, and certificate.

\$65/STUDENT

STAY SAFE! (Home Alone)

ages 9 - 13

Helps prepare students to be on their own at home or in the community.

Covered in this course:

- healthy choices
- my time: scheduled and leisure activities
- expecting the unexpected
- first aid skills

Each student receives a Stay Safe! workbook, and certificate

\$65/STUDENT

MY SAFE LIFE

ages 7 - 10

Students learn life skills that empower them to make safe, caring and respectful decisions in their everyday lives.

Covered in this course:

- bullying prevention
- basic self defence
- online safety
- first Aid

Each student receives a My Safe Life workbook, and certificate

\$65/STUDENT

WHERE: In-person or online courses available

TIME: Varies! Pro-D day, weekend or afternoon sessions available. Visit our website for details!

COURSE SUPPLIES: Are provided to students attending in person courses. For online classes, books are mailed directly to students for an extra fee, or they can be picked up from our office in Surrey.

For online courses, students must have their camera on during the course.

HOW TO SIGN UP:

Online - Visit our website at www.FirstAidHero.com and use promo code **Aubrey** for your group to earn \$5 from your registration!

ABOUT FIRST AID HERO: Authorized Red Cross Training Partner, First Aid Hero specializes in Babysitting and other recognized First Aid courses for children. All instructors of First Aid Hero are experienced and qualified!

MARK YOUR CALENDARS

Sunday, 05 Feb - Mobile Blood Clinic at Aubrey by appointment only: [LINK](#)

Friday, 10 Feb - French Film Festival (French Immersion students only, details to come from your classroom teacher)

Wednesday, 15 Feb - Hot Lunch - Hong Sushi

ALSO **Wednesday, 15 Feb** - PAC General Meeting, 6:30 pm, Zoom

Friday, 17 Feb - Popcorn Day - pre-order 8:30-9:00 am, Aubrey under-cover

Monday, 20 Feb - Family Day - NO SCHOOL

Tuesday, 21 Feb - Coffee and Conversation, 9:00-9:30 am, Aubrey Library

Wednesday, 22 Feb - Pink Shirt Day - wear pink, and parents welcome to assemblies at 9:10 am Primary or 11:00 am Intermediate!

Friday, 24 Feb - Pro-D Day - NO SCHOOL

Wednesday, 01 Mar - Hot Lunch - White Spot

Friday, 10 Mar - Popcorn Day - pre-order 8:30-9:00 am, Aubrey under-cover

Monday, 13 Mar-Friday, 24 Mar - Spring Break - NO SCHOOL

Monday, 27 Mar - Welcome back to school!

